



QUICK HELPLINE & HOTLINE GUIDE

APRIL 2020

NEWBURGH ENLARGED CITY SCHOOL DISTRICT

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The effects of COVID-19 have touched all of our lives personally. This international crisis has shut down the lifestyles we were so accustomed to. It has dramatically limited our ability to access one another to spend time together. It has removed our freedom to greet our friends and family with hugs. It has taken away several of our loved ones.

But still we rise...

The NECSD has assembled the following set of agency contacts for use by all members of our local community. It includes phone numbers to County level and local resources in Newburgh that can guide you during this very challenging time with:

- Talking through your grief over suddenly losing a loved one
- Knowing where to turn to for essential items, such as food or shelter
- Texting with someone regarding the feelings of deep sadness you experience.

For Immediate Direct Support in New York State		
NYS COVID-19 Emotional Support Helpline	1-844-863-9314	Direct line for NY Residents staffed by volunteer mental health professionals to offer instant emotional support and referrals to local resources.

Additional Emergency Referral Helplines		
Orange County Healthcare Agency Helpline	1-855-OCLINKS	Referrals to local mental health agencies in Orange County. Leave a voicemail.
Text-4-Teens: A Teen to Teen text support hotline	1-845-391-1000	Mental health resource for teens to text when going through difficult emotions. They will be routed to appropriate mental health professionals based on their level of need or crisis.
Mobile Mental Health Hotline (ACCESS Supports for Living)	1-888-750-2266	For individuals experiencing a mental health crisis such as suicidal ideations, self harm, or severe anxiety or depression. Offer wellness checks and referrals to inpatient treatment. Also options to be connected with other community based human service resources.

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Additional Emergency Referral Helplines (continued)		
Orange County Healthcare Agency Helpline	1-855-OCLINKS	Referrals to local mental health agencies in Orange County. Leave a voicemail.
United Way 2-1-1	2-1-1 1-800-899-1479	Referrals to a variety of local resources, including food and shelter - 24 hours a day, 7 days a week, 365 days a year.
Childcare Council of Orange County, Inc.	845-294-4012 844-461-4689	Childcare available for essential workers in the community

Local Assistance in Newburgh		
Access Supports for Living-Walk in Clinic in Newburgh, NY	845-562-7244	Mental Health Clinic in Newburgh, NY
Orange County Department of Mental Health- Child and Family Clinic	845-568-5260	Mental Health Clinic in Newburgh, NY
Cornerstone Family Health Center	845-563-8000	Healthcare Agency in Newburgh, NY
Department of Social Services	845-291-2002	Supports with emergency housing, homelessness, SNAP, Medicaid, HEAP, and other vital community resources
Independent Living	845-565-1162	Mental Health and other case management/human service supports

We encourage you to also contact the **District's Hotline** at **845-568-6533** to leave us a personalized message that we will respond to. *In the case of an emergency, families should still call 911 since the hotline is intended to support families with resources and not resolve life-threatening emergencies.*

The NECSD cares deeply about all members of our community, and we encourage you to share this information with everyone you believe can benefit from it.

Through the work of all, we will overcome this pandemic.